



Where does Art come from?

THE SOURCE

Here is my inspirational online library to keep you inspired and connected to the source, enjoy!

***16 videos, documentaries & articles
Just copy & paste the links into your browser.***

Documentary

Cave of Forgotten Dreams (2010) Full Documentary by Werner Herzog

<https://www.youtube.com/watch?v=ieftFgu1wes>

Video

What is Aesthetic experience

https://www.youtube.com/watch?v=UpBycmR3_IQ

TED talk

Teaching art or teaching to think like an artist? | Cindy Foley | TEDxColumbus

<https://www.youtube.com/watch?v=ZcFRfJb2ONk>

Documentary

The life of Judith Scott, a 62-year-old American sculptor who receives international recognition after living 36 years in a psychiatric institution.

https://www.youtube.com/watch?v=3F_gqM2WDac

Article

The creative spark & evolution/ National Geographic

<https://news.nationalgeographic.com/2017/04/creative-spark-augustin-fuentes-evolution/>

Article

Humans Evolved to Be Moved by Art | Smart News | Smithsonian

<https://www.smithsonianmag.com/smart-news/enjoy-art-thank-evolution-180956209/>

Video

How to clean your perceptions

<https://www.youtube.com/watch?v=kM4ZHfBE-0g>

Article

Cave paintings in Indonesia dating from 40000 bc by BBC

<https://www.bbc.com/news/science-environment-29415716>

Video

How to escape education's death valley | Sir Ken Robinson

<https://www.youtube.com/watch?v=wX78iKhInsc>

Article

To much distraction lessen our ability to appreciate beauty / Smart News | Smithsonian

<https://www.smithsonianmag.com/science-nature/distraction-makes-us-less-able-appreciate-beauty-180963315/>

Article

Why making art is the new meditation

https://www.washingtonpost.com/news/inspired-life/wp/2015/08/25/why-making-art-is-the-new-meditation/?noredirect=on&utm_term=.4f5224af918d

Article

Art is humanity common thread ...

<https://www.smithsoniansecondopinion.org/arts/gus-casely-hayford-director-of-art-180969648/>

Article

Cant meditate try art!

<http://www.fulfillmentdaily.com/cant-meditate-heres-try-art/>

Article

How to be mindful when making art

<https://www.nytimes.com/2017/09/27/well/mind/how-to-be-mindful-when-making-art.html>

Short video from MOMA new York

Magritte: The Mystery of the Ordinary, 1926–1938

<https://www.pbs.org/video/broad-and-high-magritte-mystery-ordinary-19261938/>

Article

A lesson in mindfulness from Rubin museum of Asian Art NY

<http://rubinmuseum.org/blog/art-as-meditation-a-lesson-in-mindfulness>